

# Cardiff & the Vale of Glamorgan Schools Athletics Association

Course Map for Boys' League 2 on Tuesday, October 7<sup>th</sup>, 2025 at YG Bro Morgannwg, Colcot Road, Barry CF62 8YU



Small lap = ABCDA = 500 metres; Big lap = ABCDEFGHIA = 1500 metres; A to the Finish = 100 metres

Timing and Courses for Boys' League 2 on Tuesday, October 15<sup>th</sup>, 2024

4.30 pm	<b>Race 1</b>	Under 14 Boys (years 8 & 9)	2 Big Laps from the start = 3100 metres	
	<b>Race 2</b>	Under 12 Boys (year 7)	1 Small Lap + 1 big lap = 2100 metres	<b>Race 3</b>
				Under 19 Boys (years 10+) 1 Small Lap + 2 Big Laps = 3600m